



SOCIAL COOPERATIVE
ACTIVITIES FOR VULNERABLE GROUPS



Advanced Skills for Active Living

The next step

- Selected for Funding under the Erasmus+ Sport Calls
- Continuation of M.E.N.S. and E.V.E.N.T.S. Projects

Co-funded by the
Erasmus+ Programme
of the European Union



*European Conference
“From Theory To Practice”
23-24/10/2018, Athens, Greece*

Long Story Short..

What

The development and implementation of a brand new training course for professionals of Sport Science.

Where

In 5 European Countries (Greece, Italy, Spain, Netherlands and Czech R.)

Goal

To promote training and development of specialized skills on Sport Science & Physical Activity professionals, in order for them to acquire and develop the necessary skills (theoretical, technical, practical etc.) so to be able to:

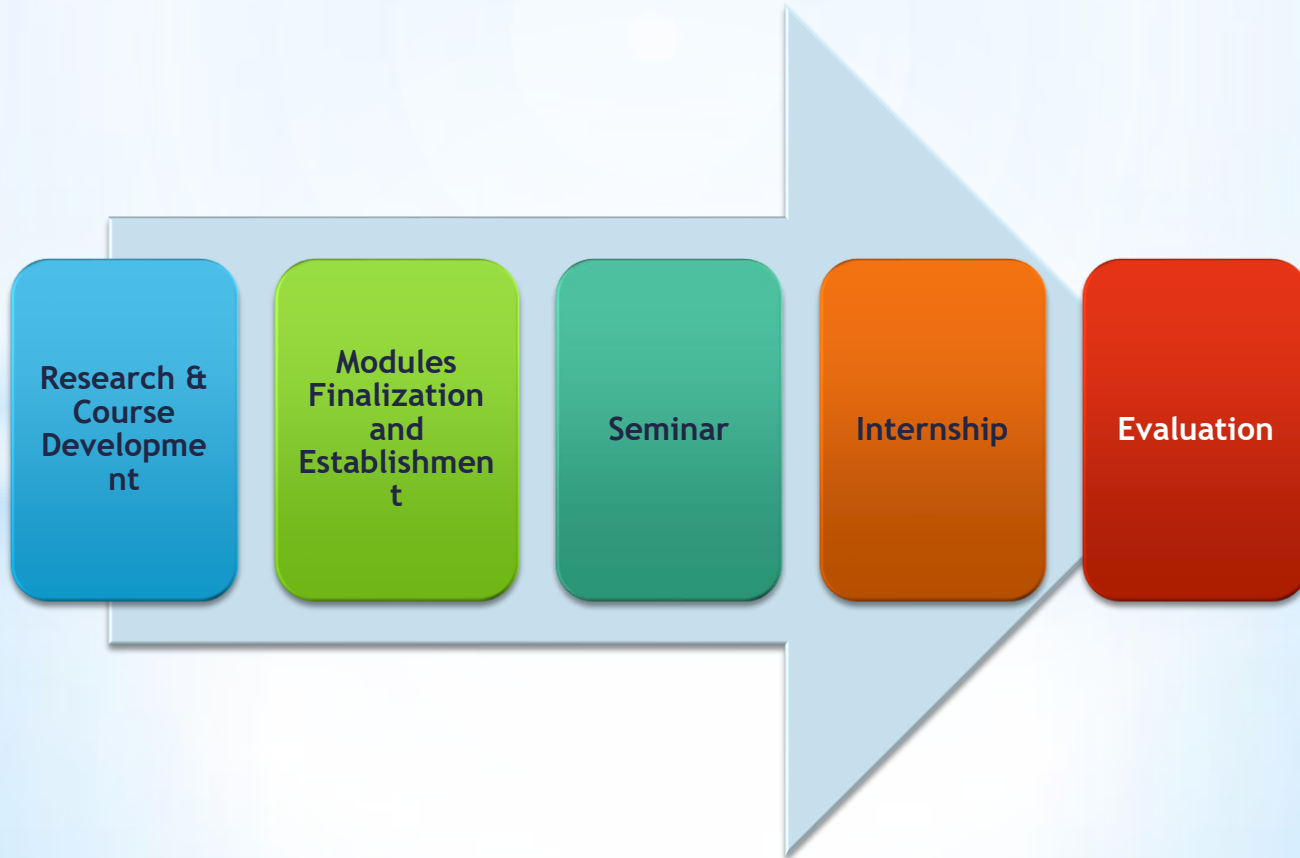
- Develop their understanding and knowledge on Mental health issues
- Enhance skills related with working with people that experience some type of Mental health problem and
- Incorporate this specialization in order to be able to effectively apply their established knowledge in Mental Health units.



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Timetable: 1/1/2019 - 30/6/2019



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The partnership



K.S.D.E.O. “EDRA” (GR) - Coordinator



Coos Marche (IT)



Fundacion INTRAS (ES)



FOKUS Praha (CZ)



UoA -School of Sport Science & Physical Education (GR)



Panelinnios Athletic Club

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Impact

- The Research will bring new findings in front, broadening the knowledge pool
- The training course could be used as a model for all the respective organizations and entities, setting the ground for certain enhancements in mental health structures.
- New insights in the connection of the two fields in a practical aspect and will open the path for new researches and studies to be implemented, in order to criticize the process and -most importantly- improve it!
- New guidelines and policy recommendations can be based on the project and its educative process, from EU Institutions and also from its member- States, concerning the agenda of Sport and Physical Activity and also that one of Mental Health.