

Mental health & physical activity:

Swimming in uncharted waters...



What's your story?







48ος

ΔΙΕΘΝΗΣ ΔΙΑΠΛΟΥΣ

ΤΟΡΩΝΑΙΟΥ ΚΟΛΠΟΥ



INTERNATIONAL SWIMMING
CROSS OF TORONEOS GULF

11-14.07.2018
Nikiti Halkidiki

Χορηγοί:



Με την υποστήριξη:

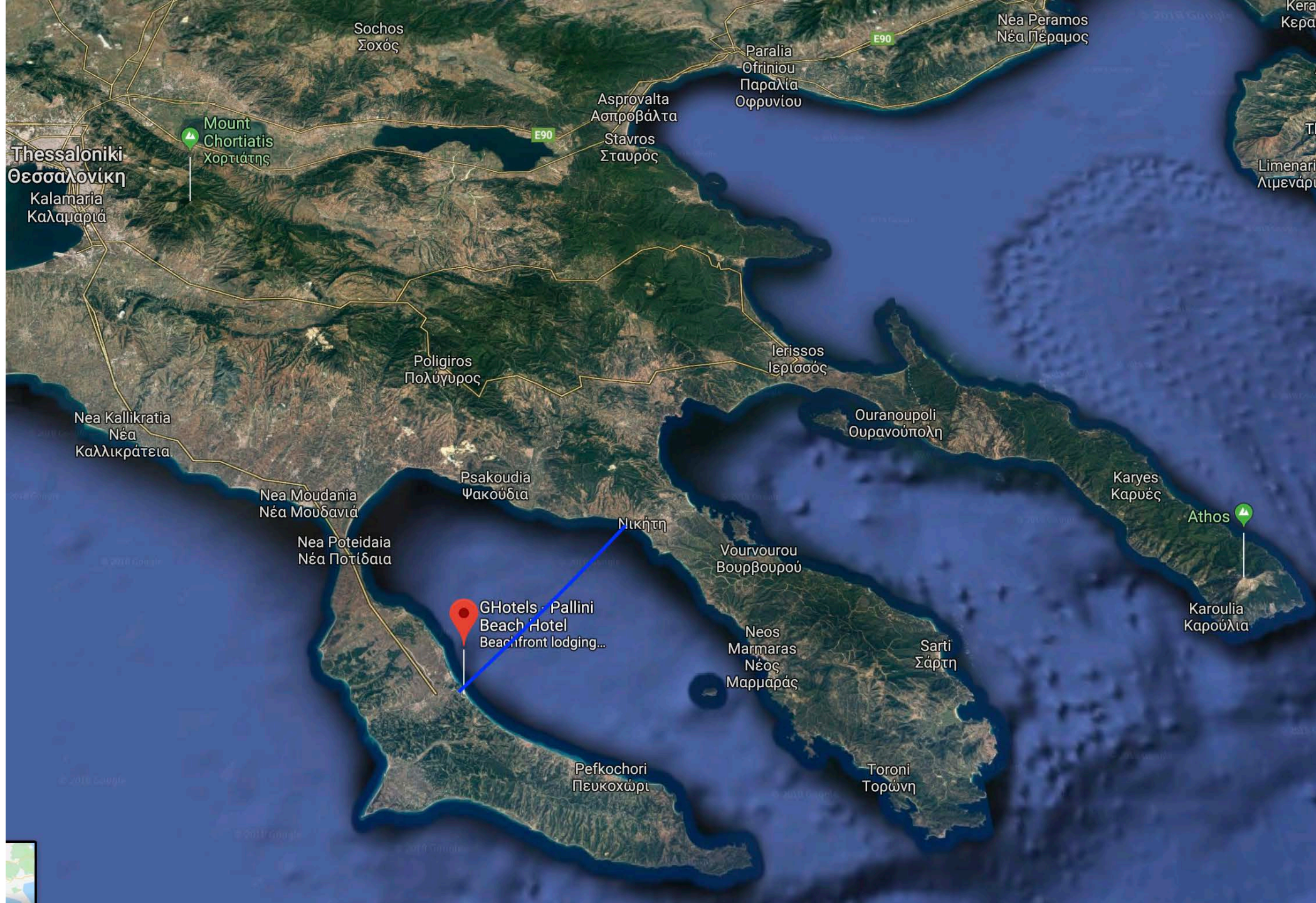


Ευχαριστούμε για την προσφορά:



Διοργάνωση:







LEN
european
aquatics



EVROPSKO VETERANSKO PRVENSTVO SLOVENIJA 26. 8.–9. 9. 2018
EUROPEAN MASTERS CHAMPIONSHIPS Ljubljana, SLOVENIA www.emc2018.com

KAP 17 SEVEN

TYR

SWIM OR DIE

300.000.000

800.000

1 every 40

15-29

MENTAL HEALTH

ACTION PLAN

2013 – 2020

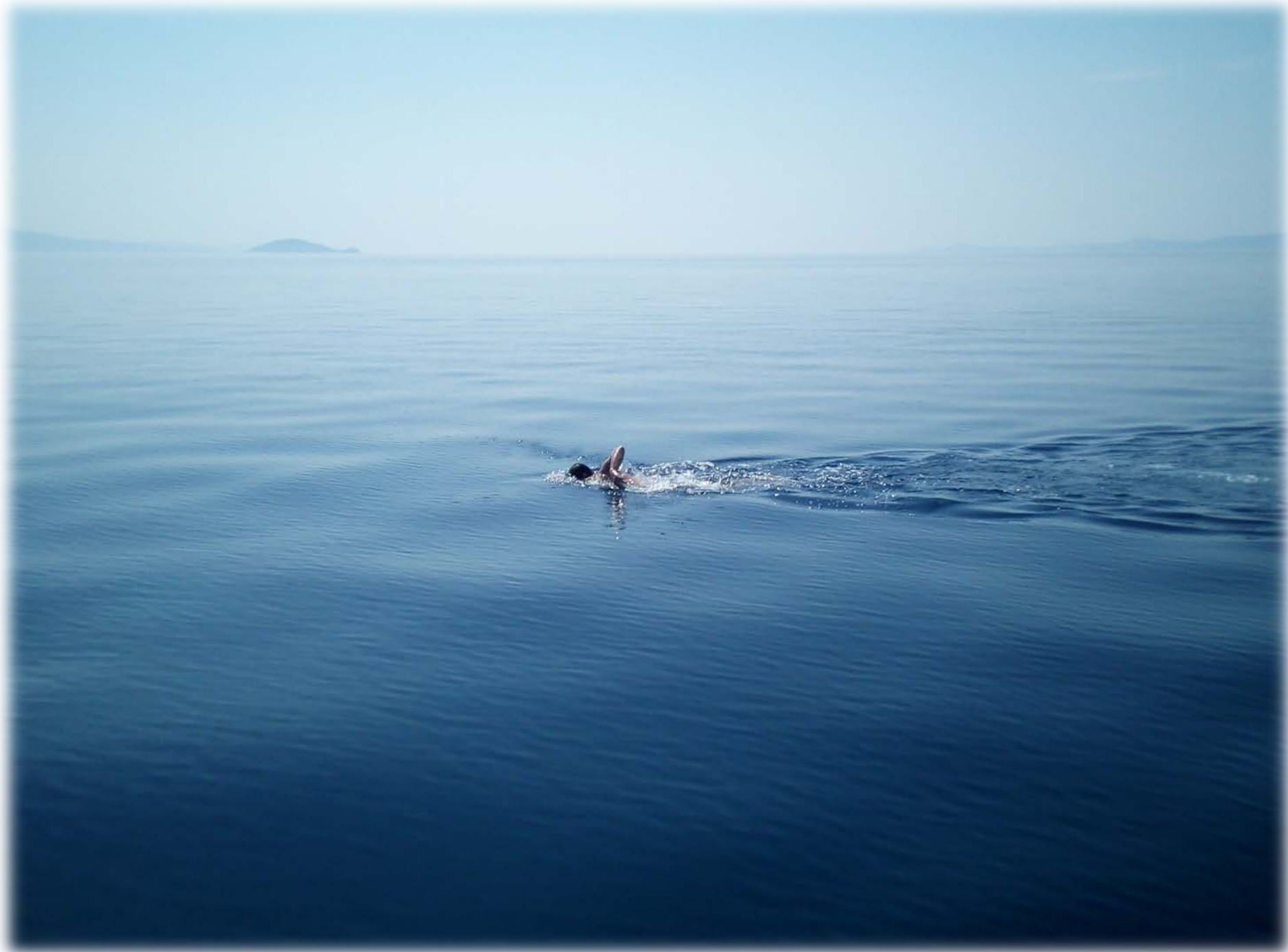


10% by 2020

"No health without mental health...
...and physical activity."









halkidiki.news.gr



